



LifeResolutions®

MEDIA RELEASE

8 April 2008

LIFE RESOLUTIONS OPENS DONCASTER PRACTICE

Life Resolutions® will open a new counselling centre in May to cater for the growing demand for quality, affordable and readily available mental health services in the Doncaster area.

Part of a growing network of highly-regarded psychology practices located across Melbourne, **Life Resolutions Doncaster** will have qualified, registered and highly experienced psychologists available to support anyone resolving life's issues.

Unlike many psychologists, all **Life Resolutions®** practices offer appointments during the day and evening and on weekends, and all provide Medicare and private health insurance rebates.

Principal Psychologist and Business Associates, **Life Resolutions Doncaster**, Julie Bonola and Marion McIntosh said they are excited about their partnership with **Life Resolutions®** and look forward to providing Doncaster residents with quality counselling in a supportive and caring environment.

"At some stage of life, most people will encounter something in their work, family or personal lives that is difficult to overcome on their own," Ms Bonola said.

"Counselling is an excellent tool that people can use to help them work through problems they face, and feel happier and more satisfied in themselves and their relationships."

Ms McIntosh said counselling is now more affordable for everyone, since the introduction of a Medicare rebate for psychology services.

"The new rebate means that patients referred for counselling by a GP, psychiatrist or paediatrician can now claim a significant proportion of the cost of counselling back from Medicare," she said.

All **Life Resolutions®** psychologists are highly experienced and fully registered. They are members of the Australian Psychological Society (APS) and abide by its ethical code and professional standards.

Life Resolutions Doncaster will be located at Suite 4, 42-44 Jackson Court, Doncaster East. For day, evening and Saturday appointments call **Life Resolutions®** on **(03) 9380 4444**.

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For further information contact CEO, Jodie Brenton on 0407 208 661 or (03) 9380 4444.

www.liferesolutions.com.au