



LifeResolutions®

## MEDIA RELEASE

8 April 2008

### LIFE RESOLUTIONS OPENS SOUTH YARRA PRACTICE

**Life Resolutions®** will open a new counselling centre in May to cater for the growing demand for quality, affordable and readily available mental health services in the South Yarra area.

Part of a growing network of highly-regarded psychology practices located across Melbourne, **Life Resolutions South Yarra** will have qualified, registered and highly experienced psychologists available to support anyone resolving life's issues.

Unlike many psychologists, all **Life Resolutions®** practices offer appointments during the day and evening and on weekends, and all provide Medicare and private health insurance rebates.

Principal Psychologist and Business Associate, **Life Resolutions South Yarra**, Toni Miles said she is excited about her partnership with **Life Resolutions®** and looks forward to providing South Yarra residents with quality counselling in a supportive and caring environment.

"At some stage of life, most people will encounter something in their work, family or personal lives that is difficult to overcome on their own," Ms Miles said.

"Counselling is an excellent tool that people can use to help them work through problems they face, and feel happier and more satisfied in themselves and their relationships."

Ms Miles said counselling is now more affordable for everyone, since the introduction of a Medicare rebate for psychology services.

"The new rebate means that patients referred for counselling by a GP, psychiatrist or paediatrician can now claim a significant proportion of the cost of counselling back from Medicare," she said.

All **Life Resolutions®** psychologists are highly experienced and fully registered. They are members of the Australian Psychological Society (APS) and abide by its ethical code and professional standards.

**Life Resolutions South Yarra** will be located in Suite 301 of the Dutton Building at 9 - 11 Claremont St, South Yarra. For day, evening and Saturday appointments call **Life Resolutions®** on **(03) 9380 4444**.

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For further information contact CEO, Jodie Brenton on 0407 208 661 or **(03) 9380 4444**.

[www.liferesolutions.com.au](http://www.liferesolutions.com.au)