

Quick Guide

New Medicare Eating Disorder Initiative

Which Patients can access the new Eating Disorder treatment and management plan?

Clients presenting with **Anorexia Nervosa, Binge-eating Disorder**, and other specified **feeding or eating disorders** can access this new plan. Eligibility criteria for patients are:

- The patient scored 3 or more on the Eating Disorder Examination Questionnaire
- The patient's condition is characterised by rapid weight loss, or frequent binge eating, or inappropriate compensatory behaviours manifested by 3 or more times per week
- In addition to two or the following indicators:
 - o Clinically underweight with body weight less than 85% of expected weight where weight loss is directly linked to an eating disorder
 - o Current or high risk of medical complications due to eating disorder behaviours and symptoms
 - o Serious comorbid medical or psychological conditions significantly impacting on medical or psychological health status with impacts on functioning
 - o The person has been admitted to a hospital for an eating disorder in the previous 12 months
 - o Inadequate treatment responses to evidence-based eating disorder treatment over the past six months despite active and consistent participation

What steps are involved?

- Preparation of eating disorders treatment and management plans (**GP**)
- Provision of psychological treatment services (**up to 40 sessions with a Psychologist**)
- Provision of dietetic services (up to 20 sessions Dietitians and Nutritionists)
- Review of eating disorders treatment and management plans (to occur on every 10th session of psychological intervention with their **GP**)

What are the Item Codes relevant to me?

Eating Disorder Plan Preparation	20 minutes with GP without mental health training	40 minutes with GP without mental health training	20 minutes GP with mental health training	40 minutes GP With mental health training
	Item 90250 – Medicare Benefit \$72.85	Item 90251 Medicare Benefit \$107.25	Item 90252 Medicare benefit \$92.50	Item 905230 Medicare Benefit \$136.25

Eating Disorder Plan Review

Item 90264 Medicare benefit \$72.85

Please do not hesitate to contact our team at Life Resolutions to discuss this program further. We are here 8am to 9pm, Monday to Saturday on 1300 668 256.

Warm Regards,

The Team at Life Resolutions

We are conveniently located at the following addresses:

Life Resolutions Essendon: 1 Lincoln Road, Essendon, VIC, 3040.

Life Resolutions Craigieburn: 59 Hamilton Street, Craigieburn, VIC, 3064.